
**NORTHERN REGIONAL BEHAVIORAL HEALTH POLICY BOARD MEETING
DRAFT MINUTES**

DATE: May 29, 2019 TIME: 2:00 p.m.

Meeting Location:

Division of Public and Behavioral Health
4150 Technology Way, Room 303
Carson City, NV 89706

TELECONFERENCE: US Toll: + (415) 655-0002 / Access Code: 809 634 141

1. Introductions, Announcements, and Roll Call

Members Present: Karen Beckerbauer, Dr. Joseph McEllistrem, Nicki Aaker, Erdrie LaVoie, Adrienne Sutherland, Taylor Allison

Members Absent: Dave Forgerson, Ali Banister, Sheriff Ken Furlong, Kevin Morss, Assemblywoman Robin Titus, Sandie Draper, Wanda Nixon

Staff and Guests Present: Jessica Flood, Kelly Marshall, Crystal Duarte, Misty Allen, Cheryl Wood, Dawnmarie Yohey, Haley Turner, Shayla Holmes

Introductions were made.

2. Public Comment

There was no public comment.

3. Approval of Minutes for Meeting on November 7, 2018

Ms. Flood said the minutes were not completed.

4. Presentation and Overview of Draft Calculating an Adequate Tool (CAST) for the Northern Region

Ms. Flood, Ms. Marshall, and Ms. Duarte participated in the presentation. Social Entrepreneurs, Inc. (SEI) tabulated the region's substance use resources. Ms. Marshall shared the regional assessment results and next step priorities. Ms. Flood explained the CAST provides a risk assessment of county-level social and community determinants of substance abuse that lead to adverse outcomes and an assessment of local service needs across the continuum of care. Together, they define the demand, need, and current service capacity of a community substance abuse care system. The northern region risk score was the lowest in the state, equal to or lower than the national median for hospitalization for drug and alcohol diagnoses. The CAST will help the Board establish priorities. That will be on the next meeting's agenda.

5. Update from Office of Suicide Prevention Including Relevant Activities in the Region Related to the Zero Suicide and Crisis Now Initiatives

Ms. Wood will coordinate the Zero Suicide program. She presented information about what is happening across the nation and where Nevada is heading. Ms. Allen explained

what their survey will accomplish. Their conference in October will focus on Zero Suicide and Crisis Now.

6. Regional Behavioral Health Updates Including County Behavioral Health Meeting and Task Force Updates

Ms. Flood is developing the Columbia suicide training. Communities involved in the community paramedicine pilot program are incorporating behavioral health in their health screenings. It could be connected to the crisis triage flowcharts of the Columbia suicide training.

Ms. Flood is working with a developer on a statewide crisis intervention team (CIT) website. She suggested the Board establish a steering committee made up of CIT coordinators for the region to provide input regarding design and content. There is room in her grant to build a Northern Regional Behavioral Health website. She is writing a grant for Forensic Assessment Services Triage Team (FASTT) to align it with evidence-based practices and to allow University of Nevada, Reno to do a cost-benefit analysis.

A Crisis Now summit will be held this fall. Crisis Now will provide central navigation for all crises in the state, connecting Mobile Outreach Services Teams (MOST) with the Crisis Support Services of Nevada and allowing a view of all of open beds in the state.

Ms. Allison said there would be a workshop before the Governor's Opioid Summit on August 13. She updated what Douglas County's task force was doing. Ms. Flood said the rural region would do strategic planning in September, with a report due in October.

Ms. Aaker mentioned a mental health meeting sponsored by the Carson City Chamber of Commerce. It will let the community know what is going on with mental health.

Ms. Beckerbauer's committee met and noted they should be educating populations outside of their sphere. Ms. Sutherland gave an update about the work in Storey County. She also introduced Haley Turner, Community Chest's new substance and community health worker. Ms. Holmes gave a report on progress in Lyon County.

Ms. Flood pointed out that Board terms will be expiring soon. She asked for a copy of the letters members received that included the dates terms began so the Board can make appointments and reappointments. The Legislature passed a bill that will change the structure of the Board.

7. Update on Northern Regional Behavioral Health Policy Board Legislation, Assembly Bill (AB) 85.

AB 85 concerning involuntary mental health holds was passed and signed by Governor Sisolak. Three stakeholders were identified—courts, hospitals, and the community. Training is needed in all three. A committee will be established to develop education similar to the Colorado Patient Bill of Rights for involuntary mental health holds.

8. Legislative Update Regarding Bills

- Southern Regional Behavioral Health Board Bill:
AB 76—an act relating to mental health; requiring the Commission on Behavioral Health to employ a coordinator for each regional behavioral health policy board; revising the duties of a regional health policy board; making an appropriation; and providing other matters properly relating thereto. This bill is awaiting the Governor's signature.
- Rural Regional Behavioral Health Board Bill:
AB 47—an act relating to mental health; establishing a pilot program to respond to persons suffering from mental health crises in certain counties; making an appropriation; and providing other matters properly relating thereto. It has moved out of the Assembly.
- Washoe Behavioral Health Board Bill:
AB 66—an act relating to mental health; providing for the establishment of centers to provide crisis stabilization services in certain highly populated counties; and providing other matters properly relating thereto. It looks as if this bill will pass.
- Rural Mobile Outreach Safety Team Bill:
AB 191—an act making an appropriation to the Division of Public and Behavioral Health of the Department of Health and Human Services to award grants of money to certain counties, federally recognized Indian tribes, or other persons or entities for the purpose of providing Mobile Outreach Safety Team (MOST) services; and providing other matters properly relating thereto. This bill is stalled in committee.
- Marriage and Family Therapist (MFT)/Clinical Professional Counselor (CPC) Bill:
Senate Bill 37—an act relating to professions, revising the scope of the practice of clinical professional counseling and the practice of marriage and family therapy; revising the composition of the Board of Examiners for Marriage and Family Therapists and Clinical Professional Counselors; revising the expiration date of certain licenses issued by the Board; revising provisions relating to the issuance of a license by endorsement; revising provisions governing the fees the Board is authorized to charge; and providing other matters properly relating thereto. This bill has passed.

9. Determination of Whether to Allow Chair to Write a Letter of Support for SB 37
As this bill has passed, the letter is no longer needed.

10. Public Comment

On behalf of the Board, Ms. Allison thanked Ms. Flood for the work she accomplished in revising the behavioral health crisis hold system through AB 85. Several Board members joined in thanking her.

11. Adjournment
